



DuPage  
Unitarian  
Universalist  
Church

# Newsletter

November 2020

Welcome  
to the Month of  
**Healing**



**The Wayside Pulpit:**

***Healing***

Rev. Michael Walker

Dear friends,

The Worship Theme for this month is *Healing*. Let's think of this in all the ways this word could have meaning: healing our hearts, healing our relationships, healing our nation.

Have you ever considered some issue or another, and felt conflicted: *Do I go with what my head is telling me, or follow my heart, instead?* Dichotomies of head vs. heart (or logic vs. intuition, or intellect vs. emotion) have been a part of Western society for a very long time, but I think and feel they are false dichotomies. For me, the concept of *head and heart* works poetically, but I find this binary approach to be less helpful in the lived experience of people – we need both, on a daily basis. It has often occurred to me that

dualism (a concept deeply engrained in Western thought) has not served us particularly well. When faced with choices, the answers are usually more than binary; not just black and white, but with shades of gray.

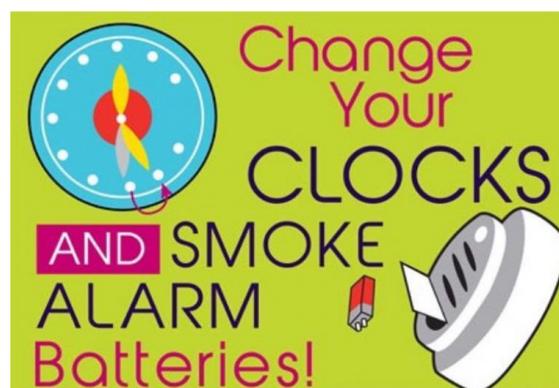
So many choices, but let's not limit ourselves. There are more factors in every issue we face. It is not simply *us vs. them*... or Republicans vs. Democrats, Biden vs. Trump... or closer to home, policy governance vs. collaborative ministry... or in our surrounding community, Black Lives vs. Blue Lives, or the personal right to not wear a mask vs. the public safety need for wearing masks... or less seriously, candy corn vs. jelly beans (at Hallowe'en), white meat vs. dark meet (at Thanksgiving)... or any other supposed binary choice, **because life is not binary**. Many so-called opposites are not opposite at all, and so we are presented with false dichotomies.

Some spiritual paths suggest we each seek a middle way, a balanced approach to any dichotomies we come across. Using the head vs. heart metaphor, we may do well to consider an issue intellectually and emotionally, checking in with both head and heart to see what we may learn from either perspective, as well as any perspectives we may discover in between. Sometimes wisdom is to be found in the liminal places in our lives; rigid adherence to an either/or choice may rule out other choices that would serve us better. Imagine what may happen when we decide to 'think outside the box.'

Stay healthy,  
Rev. Mike

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*Rev. Michael Walker is the Interim Minister for the DuPage Unitarian Universalist Church. He is interested in connecting with you! You may email him with questions and concerns at [revmike@dupageuuchurch.org](mailto:revmike@dupageuuchurch.org). If you need an appointment with our minister, you may schedule one by calling the office at (630) 505-9408 or emailing [office@dupageuuchurch.org](mailto:office@dupageuuchurch.org).*



### Fall Back Reminder!

Clocks are turned backward one hour this Sunday, November 1st at 2:00 AM.

**Sunday Services @ 10:30am**  
**(Online Only)**

**In response to Coronavirus and with concern for the safety and health of our members and visitors, all Sunday**

**services, Forums, and large meetings will be held online only.**

**Click here to join our live stream Service and Forum on Sundays!**



**November 1, 2020 @ 10:30am**

***Don't Run Away from the Hard Work of Healing***  
**Steve Cooper, DRE and Rev. Michael Walker**

Our faith reminds us that healing takes work. After a fight with someone, it's easy to never want to see that person again. We'd rather ignore or run away from the mess. This is true whether we are the ones who did the harm or got harmed. It takes courage, commitment and skill to successfully travel the path of healing. So, what's one of the ways our faith guides us into becoming a people of healing? It tells us, "Don't run away from the hard work of healing!"

Our Special Collection will benefit **The Holiday Meals on Wheels program of Chicago**. This remarkable program serves meals to over 5,000 homebound senior clients on the six federal holidays that are outside the scope of the regular, government-funded program. MOWC raises money to ensure that every client receives a nutritious meal on the holidays when they might feel particularly vulnerable to isolation. For most of our seniors, their Meals on Wheels Chicago delivery driver is the only person they see all week. Thank you for giving generously! To make a donation, please click [here](#).

**November 8, 2020 @ 10:30am**

***Healing from Electoral Anxiety Syndrome***  
**Rev. Michael Walker**

As I write this, I cannot predict the outcome of the election, but I have my fervent hopes. While churches do not get involved with the partisan campaigns of politicians, we do seek to live out our values in the world, to proclaim those values far and wide, and to speak out about those things we see that are oppressive, unfair, or inequitable. In that light, we each (according to our own consciences) decide which potential elected leader shares our values. In recent years, we have seen how profound an effect on the national dialogue and justice efforts that one person can have. Regardless of political parties and politicians, we are beholden to our values – now, when we gather (online) on this Sunday after the election, where will we stand? How will we feel? Where do we go from here? How do we heal from all the hurt of the last several years?

**November 15, 2020 @ 10:30am**

***Beyond Categorical Thinking***  
**Amanda Schuber, Guest Speaker**

Bias is an inescapable part of the human experience, but what we do with, and how we react to our biases is very much in our control. While our natural instinct may be to put things into categories and boxes, there is a space that can enrich our interactions with everyone around us, the space beyond boxes. This Sunday, please join us as our Beyond Categorical Thinking facilitator, Amanda Schuber, talks about the ways that identity and bias impact our relationships with each other and the wider world.

Amanda Schuber has been a BCT facilitator for UU congregations since 2005. She also currently serves as the full time Intern Minister of Lifespan Faith Development for the UU Church of Chattanooga, TN, and is in her third year of the Master of Divinity program at Starr King School for the Ministry. In her "spare" time she travels the country working with UU congregations as a Beyond Categorical Thinking Facilitator.

**November 22, 2020 @ 10:30am**

***Never Not Broken, Never Not Whole***  
**DuPage UU Church member, Holly Harris**

In this service, Holly Harris reflects back over her 30 years as a psychotherapist working

with families and individuals during some of the darkest, most painful times of their lives and what they have taught her about finding healing and wholeness.

**November 29, 2020 @ 10:30am**

***I Lift My Lamp Beside the Golden Door***

**Rev. Michael Walker**

The poet, Emma Lazarus, once wrote an iconic poem that is now engraved at the base of the Statue of Liberty. Using that poem as a framework for our observance of *World AIDS Day*, December 1, Rev. Mike will reflect on his past nursing and social services work in support of people living with AIDS or HIV. Believing it is our moral responsibility as an affluent, 'first world' country to do all that we can to help, we will consider ways in which we can.

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**Soul Matters**

**What does it mean to be  
a people of HEALING?**

**Small Group** **November 2020**

What does it mean to be a people of **HEALING**? Click [HERE](#) to find out.

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**Science Sundays** (via [YouTube](#)):

**Sunday, November 1, 2020 @ Noon**

Science Sunday will continue exploring the Science of Consciousness. In Part 2 we will discuss the difference between Consciousness and Cognition and explore why humans might have developed consciousness and also how it might have come about. See you there!

**Sunday, November 15, 2020 @ Noon**

In recognition of the forthcoming holiday season, Scott Thompson will help us all chew on a bit of food science. We'll ruminate on what wheat does to different foods; unraveling them and transforming them at a molecular level. Next, it's time for a sweet bit of chemistry, where we'll sink our teeth into the science of acids, bases, salts, emulsifiers, leavening agents, and other ingredients. We'll whet our appetites in the dairy section, as we explore the wonderful secrets of milk, in its various forms, and eggs. Tune in for a dash of this and a pinch of that, as we discover that cooking is as much a science as an art.



**Come Zoom with Your Board!**

Join your Board of Trustees on Zoom the **first Sunday** of every month directly after the Service at **11:30 a.m.** for conversation and connection. We'd love to have you join us!  
Every month on the First Sunday at 11:30 am

<https://zoom.us/j/91029983070?pwd=eKNzVTICTUQ2ODk0MUFSRzF1NFppQT09>

Or dial

+1 312 626 6799

Meeting ID: 910 2998 3070

Passcode: 272229

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**Virtual Zoom coffee hour on the 2nd and 4th Sundays of each month, at 11:30 a.m.**  
Zoom gives us a way to create small groups at random. This way, you might be grouped with someone you haven't met yet and get to make a new friend! The number of 4-person groups depends on how many people attend.

We hope to see you there!

~Joan Doyle and Bob Harris, Congregational Life Committee

Topic: Coffee hour - 2nd Sunday

<https://zoom.us/j/99718300898?pwd=ZnJEWjRaTmROQXM0V1hSUzhhbTdpZz09>

Meeting ID: 997 1830 0898

Passcode: 990689

Topic: Coffee hour – 4<sup>th</sup> Sunday

<https://zoom.us/j/98034605503?pwd=WnBIZUNTWEJEZIRPSVB4QTJacEIRZz09>

Meeting ID: 980 3460 5503

Passcode: 855105

Or Dial 1 312 626 6799 and use the appropriate Meeting ID and Passcode

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**Support DuPage UU Church and all of its programs**



**Sunday Flowers Returns!**

Celebrate a person or event by providing flowers for a Sunday service. To minimize the number of people coming in to church, the only way to provide flowers over the next few months will be by requesting that Sunday Flowers order a \$35 standard arrangement for you from Phillip's Flowers. Your dedication will be printed in the on-line version of the Order of Service, and the flowers are yours to take home after the service. However, you will need to pick up your flowers

either on Sunday 11:45 a.m.-1:00 p.m., or contact Sheri, [office@dupageuuchurch.org](mailto:office@dupageuuchurch.org) or (630) 505-9408, to make arrangements for a contactless pick-up during office hours. Remember, masks are required to enter the church. Payment may be made by sending a check made out to DUUC for \$35 to the church office (write "flowers" on the memo line), through the DUUC Payment Portal (select "other" under donation, and write in "flowers"), or VANCO (select "flowers fund"). Contact Kristen Tang at [flowers@dupageuuchurch.org](mailto:flowers@dupageuuchurch.org) for more information and/or to request a date. Thank you!

## Adult Enrichment

**Topic: I've Died. Now What?**

**Date: Sunday, November 15, 1:00pm-2:00pm via ZOOM**

**Facilitator: Rorik Larson**

*This workshop is sponsored by the Stewardship Committee.*

I have heard it said that streamlining our affairs is "one of the best final gifts we can make" for our families. Death can bring a lot of administrative and financial work for the family left behind. Some tasks may need to be taken care of at the height of grieving. This discussion will help attendees identify areas where they can take meaningful proactive action to help their heirs now while still alive and well.

Rorik Larson MBA, EA, CFP® is a fee-only financial planner located in Palos Heights, IL serving clients virtually throughout Chicagoland and across the country. Essential Financial Strategies provides tax-focused, comprehensive wealth planning, college planning, and retirement planning, to help clients organize, protect, and grow their assets. Essential Financial Strategies serves clients as a fiduciary.

**To sign-up, please contact Rorik at [Rorik@essentialfinancialstrategies.com](mailto:Rorik@essentialfinancialstrategies.com)**



### **Mindfulness Meditation**

**Mondays 7:00pm - 8:45pm**

This mindfulness meditation group is open to anyone who has interest in meditation from beginners to more advanced. Our time together consists of sitting meditation, walking meditation (when we meet in person), a short teaching and responsive group sharing. For more information, go to our website:

[www.presentmomentsangha.org](http://www.presentmomentsangha.org), or contact Mary Kullman, at [spiritmk7@gmail.com](mailto:spiritmk7@gmail.com) or Elaine Waite, at [elaineawaite@gmail.com](mailto:elaineawaite@gmail.com).

**Please join the meeting from your computer, tablet or smartphone.**

Join Zoom Meeting

[https://us02web.zoom.us/j/87909200423?](https://us02web.zoom.us/j/87909200423?pwd=Y0FUNEMrVHIWUEZsTmhoNHJjRWJRQT09)

[pwd=Y0FUNEMrVHIWUEZsTmhoNHJjRWJRQT09](https://us02web.zoom.us/j/87909200423?pwd=Y0FUNEMrVHIWUEZsTmhoNHJjRWJRQT09)

Meeting ID: 879 0920 0423

Passcode: 401647

Or dial 1 312 626 6799 and use the appropriate Meeting ID and Passcode.



### **Special Collections**

**\$1,092.75** was collected for the Tom Galloway Scholarship Fund.

**\$809.13** was collected for UUANI.

Thank you for your generosity! In an effort to foster collaboration, please send an email to:

[CommunityOutreach@dupageuuchurch.org](mailto:CommunityOutreach@dupageuuchurch.org) if there is something the Community Outreach Committee can do to help in the work of your committee.

*"Thank you from UUANI for sharing your October offering with us. Especially in this COVID crisis, we are honored to be included in your generous commitment to the world."*

*Margaret Shaklee, UUANI board*

**DEADLINE FOR  
NEWSLETTER ARTICLES**

The deadline for the DECEMBER newsletter is **Monday, November 23 @ 9am**. Please email your submissions to: [office@dupageuuchurch.org](mailto:office@dupageuuchurch.org).



## DuPage Unitarian Universalist Church

### Ministerial Search Committee

Thank you to all of you who completed our congregational survey, and attended our cottage meetings. We have a great deal of useful information and advice that we will take into account as we work to describe our church to ministerial applicants. We also have learned much about what you want to see in a new minister.

As the Search Committee works on this, we are aware that members are likely asking yourselves these questions:

- "Will the new minister hear me?"
- "Will my concerns and needs be met?"
- "Will the minister understand what I'm living with?"
- "How will the community respond to our minister?"

In answering these questions, a picture of the "ideal minister" (categorized by age, gender identity, nationality, physical or cognitive ability, race, sexual orientation, etc.) comes to mind. With this picture in place, it can be easy to unintentionally exclude ministers who fall into certain categories. At times, as we get caught up in comparing candidates to our "picture," we can even forget what it is we hoped for in a minister.

On the weekend of November 14, we will participate in the Beyond Categorical Thinking (BCT) workshop offered by the Unitarian Universalist Association (UUA) for congregations involved in the search for a new minister. The Ministerial Search Committee invites all congregational leaders, members, and friends to participate in this workshop.

The Beyond Categorical Thinking program is designed to promote inclusive thinking and help prevent unfair discrimination in the search process for a new minister. This program includes a three-hour BCT workshop and a Sunday morning service with facilitators trained by the UUA. In the workshop, church members will:

- Consider the hopes, expectations, and concerns they have for a new minister
- Learn more about the ministerial search process, and
- Explore how thinking categorically about people sometimes interferes with choosing the best candidate.

The workshop will take place on Saturday November 14 from 1:00 to 4:30 PM and will consist of two 90-minute sessions with a break between the two sessions. **Contact Karen Hutt at [kjhutt@hotmail.com](mailto:kjhutt@hotmail.com) by Saturday, November 7, to register.** It is important to register in advance; you will receive a brief (electronic) questionnaire to complete during the week before the workshop, and you will also receive (through email) materials to use in the workshop.

The selection of a minister is important. The Beyond Categorical Thinking workshop is another opportunity for everyone in our congregation to be a part of that process. This experience will provide guidance for the search committee in our work.

All seven Search Committee members will attend, as will the Board of Trustees.

Finally, please help us by filling out a brief survey on members' demographics, which will be sent to you soon.

Be sure to visit our Search Committee page on the church's website for much more information and updates.

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## Auction 2020: Star Trek!



Our virtual Auction 2020 will be held on Saturday **November 7** - with remote events and access to view online offerings also on Friday, November 6 and Sunday, November 8. Think of all the time you'll have to participate, peruse, ponder, and bid!

We'll help orient you to this highly illogical scenario. **Auction volunteers will call every household with information and various ways to engage.**

### WHAT TO DO, WHAT TO EXPECT

**Tickets and Donations:** [The Auction site has forms and instructions for tickets and donations!](#) Unsure what to donate this year? [Review a few suggestions for donations](#) . Be creative!

- **Donate:** Add your item description or your party/event information using the [donation links on the Auction home page](#).

Please do your absolute best to submit donations by October 30!

- **Donations drop off:** Please see the separate church email regarding drop off times for non-perishable and perishable items.
- **Tickets and registration:** [Purchase your ticket \(\\$5\)](#). After ticket purchase confirmation, look for a "Welcome to Goods and Services Auction 2020" email to create an account to participate in viewing items, bidding and payment.
- **Key to a successful mission:**
  - Follow the "Start bidding as ..." link in the "Welcome to Goods and Services Auction 2020" email.
  - You'll be led to a Greater Giving website page where the Auction activity resides. Choose Start Bidding at top right and Create Account to register your name, address, payment information.
  - **Save the "Welcome to Online Bidding" email that arrives following account creation! The link in this email is your personal registered entry to view and bid on all items.**
  - View the online "catalog" at any time to check updates in preparation for bidding that begins November 6! You may bid with your registered payment option November 6 through noon on November 8.
- Ticket purchase also ensures you will be invited to the virtual **Auction 2020: Star Trek Party on Zoom!** Saturday, November 7, 5:00 - 7:00pm with a remote all-star lineup delivering entertainment. Plus you'll be beamed from group to group for fun and final frontier-style socializing!
- This will be fun, as always ... but virtually! And remember: **Resistance is futile!**

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### Church opening for limited groups of 10 or less

Starting July 6, the church will be open for groups of ten or less. All meetings must be scheduled and confirmed through [calendar@dupageuuchurch.org](mailto:calendar@dupageuuchurch.org). If multiple meetings are taking place during the same time frame, we will stagger the start and end times so there is less cross traffic. Impromptu meetings are not allowed inside the building. **Masks will be required for entry into the building.** A supply of disposable masks will be

available at the front door for those who do not bring their own.

Four meeting spaces are available and will have only ten chairs in the room with floor markings to indicate their proper distance. The rooms available are Founders, Learning Center, Kreves Hall and the rear corner of the Sanctuary. We will have disinfectant supplies and hand sanitizer available in each meeting room, restrooms, and the elevators. All fabric chairs will be removed from meeting rooms and replaced with hard surface chairs allowing for more effective disinfecting.

The following Group Expectations and Guidelines will be posted in meeting spaces and sent to group leaders:

- For the safety of your group, other groups and church staff please enforce our safety measures within your groups.
- Please ask members of your group to refrain from attending if they show signs of illness (coughing, fever, sore throat).
- Arrive no sooner than five minutes early and leave no later than five minutes after scheduled ending time.
- No community food or drinks to share.
- Wear facemask while traveling through building.
- If seated and socially distanced facemask may be removed if all parties are agreeable.
- Wipe chair surfaces using disinfectant wipes after use.
- Group leader ensures any other surfaces used during gathering are disinfected before exiting.
- Consider disinfecting your chair upon arrival. Use disinfectant wipe and allow a few minutes to air dry.
- If using elevator, wipe buttons with disinfect wipe after selection
- If using restroom, disinfect touched surfaces after (and before) use
- No congregating on sidewalk or public spaces after or before meeting
- Individual impromptu meetings can take place on benches in backyard.

We do encourage individuals or families to visit the church property and enjoy our prairie, gardens and labyrinth at any time (no reservation required).

If small groups would like to meet in the backyard for a social gathering or meeting, it should be scheduled through [calendar@dupageuuchurch.org](mailto:calendar@dupageuuchurch.org) to avoid conflicts.

Although the state of Illinois is now in phase four of reopening and allows for group meetings up to fifty. We are staying with the phase three recommendation of ten because our room sizes do not allow for larger groups while staying within the safe distance guidelines.

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DuPage UU Church  
630-505-9408  
Office Hours: Monday - Friday, 8am-4pm  
[office@dupageuuchurch.org](mailto:office@dupageuuchurch.org)  
<https://dupageuuchurch.org/>

See what's happening on our social sites:

